



blue ginger

Welcomes you

A warm welcome awaits you at the Blue Ginger Indian Restaurant.

Blue Ginger is much more than just an Indian restaurant, it is a mouth watering experience of traditional flavours.

The Blue Ginger chef will create something extraordinary with exotic spices and flavours, infused with the finest ingredients. A perfect venue for a meal out, whether it's with friends, family or that special someone. With a modern Indian atmosphere it will surely leave you with a memorable evening.

We try very hard to give you the best service. We believe in fresh, good and healthy cooking.

So please give us time to cook a nice, nutritious meal for you.
If you are in a hurry - sorry: we do not do anything ready cooked here.

The only Curry and Tandoori establishment in the South West
with your health in mind.

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Bengal Cuisine

Traditional Starters

Served with salad and a variety of sauces

Lamb Tikka	£3.50
Tandoori Chicken	£3.50
Chicken Tikka	£3.50
Sheek Kebab	£3.50
Chicken/Lamb Pakora	£3.50
Onion Bhaji	£2.95
Stuffed Pepper (meat, chicken or veg)	£3.50
King Prawn Butterfly	£4.95
Chicken Chatt	£3.50
Prawn Cocktail	£3.50
Garlic Fried Mushroom	£3.50
King Prawn Puree	£4.95
Mass Salad	£4.95
Tikka Salad	£3.95

Blue Ginger Appetizers

Served with salad and a variety of sauces

Paneer Chilli	£4.25
Thin strips of Indian cheese, fried with peppers and spring onion.	
Chicken Nibbles	£4.25
Flame grilled chicken nibbles with ground spices.	
Clay Oven Chops	£4.95
Roasted chops in a chefs special marinate.	
Vegetable Platter for Two	£6.50
Consisting of somosas, pakoras and onion bhajis.	
Kebab Platter for Two	£7.95
A selection of chicken, lamb and mince.	
Tandoori Jinga	£6.95
Large King Prawns flame grilled in a tandoori and glazed with butter, cooked to perfection.	
Trio Samosas	£4.25
A selection of vegetable, meat and chicken.	
Korahi Kebab	£4.95
Sheek kebab cocktail served in a sizzling iron skillet with peppers, fried onions, roasted garam masalla and a hint of ginger.	
Chicken Stir Fry	£4.95
Strips of chicken tikka fried with onions and peppers, finished off with a chefs special sauce.	
Chicken Munchurian	£4.95
Small chicken breast pieces in a crispy batter fried with peppers and spring onions in a sweet tangy sauce.	

Home Favourites

All the dishes below are available with chicken, meat & prawn.

Mix Special	£7.95	Vindaloo (very hot)	£6.25
Madras (hot)	£6.25	Korma (mild & creamy)	£6.25
Rogon (tomato based)	£6.25	Balti (medium with onions & peppers)	£6.25
Bhuna (onions & tomato)	£6.25	Pathia (hot, sweet & sour)	£6.25
Dansak (lentil based)	£6.25		

(Any of the above dishes with King Prawn - £12.50)

Above with any extra vegetables	£1.00
Above with any extra chicken, meat or prawns	£1.25
Above with any extra added spices	£0.50

Specialities

Chicken or Lamb Tikka Massala	£7.95
Tender pieces of chicken or lamb cooked in a mild, sweet, creamy sauce.	
Chicken Makhani	£7.95
Small chunks of chicken, cooked with ground almonds in a special creamy sauce and topped with fresh cream.	
Tandoori Garlic Chilli Chicken	£7.95
Diced breast of chicken blended with fresh garlic and green chillies in a hot and fiery sauce.	
Achari Chicken or Lamb	£7.50
Tender pieces of chicken or lamb fried with onions and tomatoes and a Bengal mix pickle giving this dish a lovely tangy taste.	
Mudu Roast Murgi	£7.50
Tender pieces of spring chicken infused with honey in a rich and creamy sauce.	
Jaipur Chicken or Lamb	£7.50
Cooked with deep fried onions and mushrooms in a rich and spicy, medium hot sauce.	
Gosth Kada Massala	£7.50
Succulent lamb pieces braised golden brown, with finely sliced ginger and unground whole spices (medium dry dish).	
Tandoori Chicken Chana Palak	£7.95
Off the bone Tandoori chicken, fried with chick peas and fresh leaf spinach, cooked in a medium Bhuna sauce.	
Jal Jal Chicken or Lamb	£7.50
Cooked with green peppers, birds eye chillies and various hot spices, a well flavoured hot dish.	
Lamb Palak	£7.50
Tender marinated pieces of meat, cooked with finely chopped spinach leaves, a well flavoured dry dish	
Jalfrezi	£7.95
A spicy hot dish cooked with chicken or lamb containing various spices, methi, finished off with bullet chillies, tomatoes and onion rings.	
Clay Oven Special Balti	£8.95
A great mix of Tandoori meats cooked with onions and green peppers giving the original Balti taste.	

Blue Ginger Specialities

- Lamb Kofta Curry** £7.50
Shallow fried meatballs cooked with fresh tomatoes in a Bhuna type sauce.
- Mango Murg** £7.95
Succulent Tandoori oven cooked chicken tikka cooked with sweet mangoes in a fresh creamy sauce, a fruity dish.
- Lamb de Khudu** £7.50
Tender pieces of lamb cooked in a sweet relish sauce consisting of diced chunks of butternut squash leaving a tantalizing taste to the tongue.
- Morrich Massala** £7.50
Juicy chicken fillets cooked with mince meat and bullet chillies in a medium to hot sauce garnished with fresh coriander.
- Eastern Noodle Delight** £7.50
Stir fried noodles tossed in a wok with olive oil infused with chicken and potatoes, lightly spiced. Accompanied with a mince meat side dish.
- Shahi Chicken Shathkora** £7.50
Strips of chicken cooked in a medium sweet and sour sauce with a zest of Bangladeshi lemon. A traditional home dish.
- Moong Massala** £7.50
Tender chunks of chicken mixed with dry lentils making it a medium thick sauce with great flavours.
- Chefs Handi Gosth Lamb or Chicken** £7.50
An original home dish on the bone. Please ask for details.
- Naga Wala Chicken or Lamb** £7.50
A great flavoured hot dish consisting of tomatoes and original Bangladeshi chilli pickle, finished with fresh coriander.
- Shashlik Bhuna Chicken or Lamb** £7.95
Succulent pieces of seasonal chicken or lamb cooked with pepper, tomatoes and onions, flame grilled in a Tandoori then tossed into a medium chefs special Bhuna sauce.
- Gosth Pata Gobi** £7.50
Chunks of lamb fried with freshly sliced cabbage in a medium thick sauce, a great combination.
- Kori Chicken or Lamb** £7.50
A delightful medium spiced dish cooked with diced onions and peppers in a Kori sauce, served in a Kori!

Sizzling Tandoori Specialities

(Healthy Option) served with fresh leaf salad & mint yoghurt

Clay Oven Mixed Grill £11.95

A combination of Tandoori delicacies, consisting of Tandoori chicken, chicken tikka, lamb chops and Tandoori king prawn - the real McCoy!

Tandoori King Prawn £11.95

Large king prawns seasoned and barbecued to perfection, finished off with fried onions.

Shashlik £8.50

Chicken or lamb with barbecued onions, tomatoes, peppers and aubergine, roasted to perfection.

Cheesy Chicken Tikka £8.50

Succulent pieces of chicken tikka finished off with a topping of mozzarella, leaving a mouth watering taste not to be forgotten.

Salmon Tikka £8.50

Fine Scottish salmon delicately baked in a clay oven with mouth watering spices.

Tandoori Lamb Chop £8.50

Tender lamb chops marinated in home spices, flame grilled to perfection.

Chicken or Lamb Tikka £7.50

Chunks of chicken or lamb, flame grilled, then tossed in fried onions and fresh coriander.

Tandoori Chicken (half) £7.50

Marinated in fresh ground spices, roasted in a Tandoori, the ultimate favourite.

Duck and Wildfowl Dishes

All are served with hot aromatic rice or steamed rice. Most dishes can be prepared to desired strength, mild, medium or hot

Honeyed Duck £11.95

Duck cooked with a careful selection of herbs and spices drizzled with the finest honey.

Pumpkin Duck £11.95

Duck cooked with a dash of olive oil, the choicest spices and herbs plus the orangey butternut with its sweet taste and creamy texture in one dish guaranteed to set your taste buds wild.

Red Quail £11.95

Simmered in a rich onion sauce with freshly ground spices and topped with fresh coriander, makes this dish a traditional favourite amongst the southern Bangladeshi taste buds.

Pumpkin Quail £11.95

Quail cooked with a dash of olive oil, the choicest spices and herbs plus the orangey butternut with its sweet taste and creamy texture in one dish garnished to set your taste buds wild.

Seafood Selection

All are served with hot aromatic rice or steamed rice. Most dishes can be prepared to desired strength, mild, medium or hot

Salmon Supreme £12.95

Chunks of pink salmon in a medium rich creamy korma sauce, cooked with oriental herbs and spices, giving this dish an aroma and taste to die for.

Salmon Shukna £12.95

Chunks of pink salmon cooked in a rich onion sauce with ginger, green chillies and fresh coriander.

Scallop Mass Bhuna £12.95

Scallop fillets are seasoned and fried in olive oil, then cooked in marinated browned onions, garlic, fresh herbs and chillies, topped with finely chopped coriander.

Scallop Mass n' Broccoli £12.95

A delicious combination, fried fish is then cooked with lightly spiced sauce, broccoli and oriental herbs.

Cod Mass n' Khodoo £12.95

Fried with slight seasoning then cooked in onions, garlic, the orangey butternut with its sweet taste, topped with fresh coriander.

Cod Mass n' Butterbeans £12.95

Cod is well complimented by butterbeans. This dish is lightly spiced and has a truly creamy texture.

Crab Chilli Massala £12.95

Crab meat cooked in thick tasty sauce with fresh green chillies, coriander and spice. A very delicious dish!

Crab n' Honey Korma £12.95

Crab cooked in a very mild sauce with fresh cream lightly spiced, with a drizzle of honey for sweetness.

Mass Biran £12.95

Fresh fish fillets roasted in a Tandoori oven then fried with onions and chillies.

Bhadsha Isaa n' Capsicum £12.95

Tasty capsicum barbecued & cooked with king prawns in onions, garlic, ginger & aromatic herbs garnished with chopped coriander.

Bhadsha Saag Wala £12.95

Tandoori king prawns cooked with finely chopped spinach, herbs, spices and red chillies.

Bhadsha Isaa n' Massala £12.95

A delicious combination of king prawns simmered in a sweet and sour massala sauce.

Biriyani

The following dishes are accompanied with vegetable curry sauce

Blue Ginger Mix £10.95

Clay Oven Biriyani £12.95

Tandoori King Prawn Biriyani £14.95

King Prawn £13.95

(Any Biriyani Persian style £1.50 extra)

Chicken Tikka/Lamb Tikka £9.95

Chicken/Meat/Prawn £8.95

Vegetable £8.95

Vegetarian Options

Korahi Vegetable	£5.95
Quorn Chat	£5.95
Shabji Massala	£5.95
Aloo Begun Balti	£5.95
Vegetable Lemony	£5.95
Vegetable Garlic Chilli	£5.95

Vegetable Side Dishes

Aloo Bhaji	£3.25
Mushroom Bhaji	£3.25
Bindi Bhaji	£3.25
Cauliflower Bhaji	£3.25
Bombay Potato Bhaji	£3.25
Carrot & Potato Bhaji	£3.25
Turnip & Carrot Bhaji	£3.25
Saag Bhaji	£3.25
Bengun Bhaji	£3.25
Tarka Daal	£3.25
Mixed Vegetables	£3.25
Saag Paneer	£3.25
Saag Aloo	£3.25
Banana in Ghee	£3.25

Rice Selection

Plain Basmati Rice	£2.30
Pilau Rice	£2.50
Onion Fried Rice	£2.50
Brown Rice	£2.95
Egg Fried Rice	£2.95
Garlic Fried Rice	£2.95
Mushroom Fried Rice	£2.95
Mushroom Pilau Rice	£2.95
Vegetable Rice	£2.95
Coconut Pilau Rice	£2.95
Fruity Rice	£3.10
Blue Ginger Mixed Rice	£3.10

Tandoori Bread

Natural Nan.....	£2.30
Large Nan	£2.95
Keema Nan (plain nan with spiced mince lamb filling)	£2.95
Peshwari Nan (dried fruit and nuts).....	£2.95
Bullet Nan (seasoned with fresh garlic and green chilli).....	£2.95
Garlic Nan (seasoned with fresh garlic).....	£2.95
Tikka Nan (plain nan with spicy chi tikka filling).....	£2.95
Banana Nan (seasoned with fresh bananas).....	£2.95
Cheese Nan (topped with grated mozzarella).....	£2.95
Onion and Cheese Nan (crispy onion and mozzarella).....	£2.95
Cheese and Garlic Nan (fresh garlic and mozzarella).....	£2.95
Garlic and Coriander Nan (fresh garlic topped with coriander).....	£2.95
Cheese and Tomato Nan (topped with mozzarella and tomato).....	£2.95
Paratha	£2.95
Chapati.....	£1.50

English Dishes

Served with fresh leaf salad and chips

Sirloin Steak.....	£11.95	Fried Chicken.....	£8.50
Omelette (chicken, mushroom, cheese).....	£7.50	Fried Scampi	£8.50

Blue Ginger Extras

Curry Sauces, Korma, Massala, curry or any strength.....	£3.25	Pickles (mango, chilli, lime, mixed).....	£0.70
Popadom/Spicy Popadom.....	£0.70	Fresh Leaf Salad	£2.50
Chutney Tray.....	£1.50	Mix Raita	£2.50
		Chips.....	£2.00

MAJOR CREDIT CARDS ACCEPTED



Service Charge not included.

VAT included in all prices where applicable.

Management reserve the right to refuse admission or service at their discretion.

Blue Ginger will always value your constructive comments on how to improve our quality food and service.

Any suggestions or complaints please forward to the address below.

Blue Ginger, 36-38 Gilda Parade, Whitchurch, Bristol BS14 9HY